
1 Chronic Pelvic Pain: Overview of Evaluation and Treatment RICHARD. E. BLACKWELL. The sensation of pain varies greatly among individuals, with one person's nuisance being another individual's agony. As stressed earlier, the most powerful tool in the armamentarium for the management of pelvic pain is the use of a carefully taken history and clinical acumen. Physical examination should be directed to the diagnosis of systemic disease processes, including malignancies. Chronic Pelvic Pain. Elizabeth Akincilar-Rummer, MSPT. Pelvic Health and Rehabilitation Center. Waltham, MA. 8/9/2015. No Disclosures. Objectives. • Become familiar with relevant anatomy and physiology of the pelvic girdle and surrounding structures. • Learn the components of a musculoskeletal evaluation for a patient with CPP. • Become familiar with common treatment techniques utilized by pelvic floor physical therapists. Helpful Books • When Sex Hurts • Heal Pelvic Pain • Better Bladder Book • Headache in the Pelvis • Chronic Pelvic Pain and Dysfunction • Secret Suffering • Healing Painful Sex. Coming Jan 2016…Pelvic Pain Explained. Lifestyle Modifications. Chronic pelvic pain can be defined as intermittent or constant pain in the lower abdomen or pelvis of a woman of at least 6 months in duration, not occurring exclusively with menstruation or intercourse and not associated with pregnancy. It is a symptom not a diagnosis. Chronic pelvic pain presents in primary care as frequently as migraine or low-back pain and may significantly impact on a woman's ability to function. Living with any chronic pain carries a heavy economic and social burden. Aiming for accurate diagnosis and effective management from the first presentation may help to reduce the burden. For the clinician. Illustrated. 16 U.S. contributors. DNLM: Pelvic Pain. Buy it here now! Posted by Roberta at 6:43 PM.